



St Francis Links

# Happy New Year from all at the Links

## Curry night special



**10** Moroccan Lamb Tagine  
Chicken Tikka Masala  
Spinach and Chickpea Koftas  
with Rich Tomato & Curry Cream Sauce

**24** Beef Balti  
Thai Red Chicken Curry  
with Mango  
Penang Veg & Baby Potato Curry

**31** Lamb Rogan Josh  
Chicken Karma  
SA Butterfist & Lentil Bobotie  
R130 for 3 curries incl  
naan, sambals & poppadums

## CHEF'S STEAK NIGHT



200g Extra Matured Sirloin  
Dry-Aged Ramp or  
Matured Rib-Eye  
with tomato onion rings, sautéed spinach & garlic  
mushrooms, most day tomatoes and potato fries  
R114.95  
6  
Update to 200g for R131

## ASIAN NIGHT

**SWEET & SOUR CHICKEN**  
HONG KONG STYLE  
with sesame seeds & spring onions  
as well as  
**CRISPY CHILI BEEF**  
with garlic and ginger  
R130 per  
person **27**

## Monday Easy Dinner

R89pp for over 65's & R99pp under 65's  
plus an optional table starter

**8**  
Optional Starter:  
Flatbread, hummus & sundried tomato R16  
Main Course:  
Pork bangers with mash, caramelised onion &  
gravy OR Chicken and butternut enchiladas  
with guacamole, sour cream and salsa  
Dessert:  
Key Lime Pie with Chantilly Cream

Optional Starter:  
Goats cheese feta & mozzarella with balsamic  
drizzle R16  
Main Course:  
Roast chicken, creamy sage  
tagliatelle & piccino  
OR Herb Crusted Pork Chop  
with ricotta chips and feta salad  
Dessert:  
Tiramisu

**22**  
Optional Starter:  
Mini fishcake with citrus mayo R21  
Main Course:  
Chicken schnitzel with mushroom sauce &  
mash OR Potato gnocchi with sautéed  
courgettes, basil, pesto and a lamb  
and mild chili stir  
Dessert:  
Caramelised banana, buttermilk  
ice cream and  
chocolate sauce

**29**  
Caramelised banana, buttermilk  
ice cream and  
chocolate sauce

## VALENTINE'S Dinner and Dance



**14 February 2018**

live music by Pete the Gnome  
4 courses | dancing | refreshments  
bookings now open



What an excellent  
Festive Season!  
Thank you to all our  
property owners, St  
Francis Bay residents,  
friends and visitors who  
support us so well each year!

A special thanks to our dedicated team  
of staff who work so hard! Please call on  
us for all your special events, birthdays,  
anniversaries, weddings and more!

Here's to 2018!  
May it be safe, prosperous and happy!

**TAKE NOTE: Our restaurant will be closed from 15 to 18 January 2018 for a well-deserved staff break.**

**Wednesday  
10 January**

**OPEN WEDNESDAY GOLF DAY**  
R1000 WORTH OF MEAT PRIZES UP FOR GRABS

**VISITORS MOST  
WELCOME**

**R245 greenfee  
+ R35 competition fee**



**TEL 042 200 4500**

**BOOKINGS**

**ESSENTIAL**

**info@stfrancislinks.com**

## Man drowns, fisherman missing, NSRI saves teenager adrift and man having seizures over season

A 59 year-old man, Thomas Ingram, drowns after the boat in which he and his family were sailing capsized near the entrance to the private port of St Francis Bay on 31 December.

And a local shore skipper has been hailed as a hero since it came to light that he and his colleague immediately rushed to get Ingram out of the sea. The pair jumped into a rubber duck, called Ricochet, and raced out the harbour mouth to the capsized boat.

The pair rescued the teenager and pulled her out and onto their boat. "It was quite difficult to get to Thomas as he was very close to the rocks," the heroic skipper, CJ Vlok, said. "Thomas was already starting to go down as we got to him. We grabbed his arm and people (bystanders) were shouting: 'The waves are coming! Watch out!'" Vlok says he started reversing to get the boat out of the breaking swell and the pair held on to Thomas until they were a safe distance from the rocks and breaking water. The pair and other people at the scene had to pull to get him onto the boat.

"We then ran for the harbour, got to the closest jetty and started CPR immediately," Vlok says.

Ingram had been on the boat with five members of his family and a Yorkie, when the boat apparently was capsized by a wave. The boat called Blue Dolphin washed up on the rocks and the people on a private boat, Juwana, also helped to rescue the grandfather, his son, grand-daughter and grandson and the dog. The wife and daughter made it to the rocks where members of the public assisted them and brought them to the harbour.

The NSRI duty crew say they were alerted at 7.48 am on New Year's Eve. NSRI medics and the NSRI duty doctor performed CPR on Ingram, and ambulance paramedics and EC

Government Health EMS paramedics CPR also continued CPR. Despite extensive efforts the man was declared deceased.

Ingram's body was taken into the care of the Forensic Pathology services and police say they have opened an inquest docket.

The remaining family members were treated for shock and for cuts and bruises by a local doctor and they are recovering.

Craig Lambton of the NSRI commanded Vlok and that of his crewman on Ricochet. He also commended members of the public, the private boats, NSRI and Emergency Services for their actions in this tragic incident and conveyed condolences to family and friends of Ingram.

In other rescues by the NSRI St Francis Bay over season, Oyster Bay the duty crew searched for missing Oyster Bay fisherman and saved a teenage girl, plus a man having seizures in a car park.

A 31 year-old Oyster Bay fisherman fell overboard a chokka boat offshore of Tsalikamma and despite an extensive search by NSRI St Francis Bay and by a volunteer pilot on a private fixed wing aircraft flying from Plettenberg Bay to St Francis Bay, the man is still missing.

According to Sarah Smith, NSRI St Francis Bay station commander, the fisherman was reported missing early on 22 December. It appears he may have gone overboard sometime at night. He was found to be missing from the chokka fishing boat, which was at anchor, early that morning.

At 6.05 am MRCC (Maritime Rescue Coordination Centre) were notified by the crew of Sea Cat who raised the alarm, alerting Telkom Maritime Radio Services.

NSRI St Francis Bay volunteer duty crew were also activated by the Transnet National Ports Authority (TNPA).  
Smith said the NSRI St Francis Bay sea



rescue craft, Spirit of St Francis II, was launched immediately and NSRI Plettenberg Bay, NSRI Port Elizabeth and NSRI Oyster Bay were placed on alert. The SA Air Force was notified in case aerial support could be launched.

The St Francis Bay NSRI duty crew conducted an extensive search assisted by the private aircraft but no sign of the missing fisherman was found.

NSRI Plettenberg Bay had prepred the sea rescue craft Leonard Smith, extra fuel was arranged and the volunteer duty crew stood by ready to launch, awaiting feedback from NSRI St Francis Bay.

Friends and holiday makers living on and holiday along the Tsalikamma coastline were also alerted to assist from the land side with a shoreline search.

NSRI St Francis Bay also investigated the possibility of any aircraft flying along the stretch of coastline to assist with an aerial search.

NSRI believes an all-ships alert was posted by Telkom Maritime Radio Services alerting sea traffic in the vicinity to be on the look-out.

The SA Police services from St Francis Bay and SAPS Koronadouw assisted and notified and counselled family in Oyster Bay. It is believed brothers and the father of the missing man are fishermen on board the Sea Cat.

Police will continue in an ongoing search operation. The Police Dive Unit has been notified

and police opened an investigation.

Also over season, NSRI St Francis Bay duty crew rescued a girl lemm from the surf after she drifted out to sea and also organised an ambulance for a man having seizures in the town's car park.

Stuart Obray, NSRI St Francis Bay deputy station commander, said the volunteer NSRI duty crew received a call from a father on 19 December reporting that his daughter, 18, had drifted out to sea on a surf-ski at Main Beach, one nautical mile out to sea.

The sea rescue craft, Spirit of St Francis II, was launched and following a search the teenager was found and recovered between Branny's Pool and Main Beach. She was brought to the sea rescue base, reunited with her father and no further assistance was required.

Not least, at 9.30 on 20 December, NSRI St Francis Bay crewman and medic, Robin Brown, who is also a paramedic with Resley EMS, was in a shopping centre car park and noticed a 30 year old man suffering seizures.

Having EMS equipment with him, Robin stopped and immediately initiated medical treatment to the man. As he continued to suffer seizures a Resley EMS ambulance was called and the patient was transported to hospital in a stable condition.

Edited by Bev Mortimer