



ST FRANCIS BREWING CO.

CRAFT BEER, GOOD FOOD, BEST LIVE MUSIC

THE BREWERY ROCKS Quicker

1 JUNE - Lance's Birthday
Blues Bash with Birthday
Laubscher & Band
15 JUNE - The Sunshine
Factory Band
4 JULY - Reggae Festival
7 JULY - The Larler Brothers
11 JULY - Ben Dey &
The Concrete Lions
with Jason Gladwin
13 & 29 JULY - Steve Sawyer

Book online & contact
063 444 3834 to secure seats

167 ST.
FRANCIS
DRIVE |
OPEN WED
TO MON



FIRESIDE DEALS

R63.12 ONLY!

Hake, chips & mushy peas/
Chicken or Brewery
Burger & chips/
Vegetarian Thai Curry
or Falafels/
Brewery cocktails

SUNDAYS - THURSDAYS

EVERYDAY PINTS

Beach Blonde **R30**
Light

Kromme Wit **R35**
Wildside IPA

SUNDAY ROASTS

24 JUNE

Family-style Sunday Beef
Roast with trimmings & dessert.
Book by Sat, 11am
063 274 3743

Sarah & Co's African trip to put shoes on kid's feet

Sarah Swanepoel of Dune Ridge St Francis Bay is taking part in an epic 'Africa adventure' with 'challenges around every corner - wild animals, deserts, canyons, mountain ranges, forests, lakes, oceans and national parks'.
She and her parents and some friends in their team, will be traveling 9000km in 6 countries over 18 days to give young, underprivileged African children hope, pride and dignity through the gift of a pair of brand new 100% leather South African made school shoes.
She and her team decided to embark on this incredible trip through Africa as Sarah says: "What better way to travel Africa than to have a cause and purpose?"

The Foot Foundation started in 2006 and has grown in numbers over the years. Each team enters a vehicle, be it an SUV, Vintage or motorcycle. Then teams are formed to travel together. It is each team's responsibility to raise donations and funds which then goes towards purchasing leather school shoes by the Put Foot Foundation. In each country there is a check point that each team needs to reach where a shoe drop is done and everyone then comes together in the evening for a big Check Point party gathering.

Teams individually decide on the route and activities they wish to take part in as long as they can get to the check point on the correct date and by a certain time. Each vehicle is issued with a tracker so that family back home or friends as well as organisers can see where each team is.

The adventure starts in Cape Town in the early morning of 17 June and will head for Namibia, Botswana, Zambia, Malawi and then finish off in Mozambique. Crews are advised that if they end up in Angola, Tanzania or Kenya, they have probably gone too far!

At each check point all teams have a theme they need to dress to and activities that they need to take part in - all for a great cause.

There will be constant updates on Facebook and in our St Francis Chronicle Info & News group on FB. The teams are unassisted by the race organisers. They have no medical, mechanical, backup and no planning assistance. The route is approximately, roughly in the region of 9000km / 5000 miles, give or take 500kms.

Teams will visit Namibia and Etosha National Park. In Botswana they will spend a night on the famous Salt Pans with majestic starling African skies overhead. In Zambia, they will arrive at the banks of the mighty Zambezi River under the falling mist of the powerful Victoria Falls. In Malawi, they will be swimming off the white beaches of Lake Malawi, before crossing the Finish Line in the tropical paradise of Mozambique.

And overall each team member gets to put shoes on feet. He or she raises R50 then goes to a school organised by the Put Foot Foundation and goes on a rally, raises funds from organisations and businesses, family and friends for the foundation - plus have an unforgettable experience in Africa.



Photos:
The route &
vehicle panels



Sibanye is changing Lives



Photo from Alice Kaunda
There are 10 ladies. Shada
Abdol is absent in this photo.

The Sibanye organisation has been formed in Sea Vista by a group of 10 African women from different cultures, ages and religions.

The name Sibanye means 'We Are One' and was formed to fight drug abuse in that area which the ladies says is being ruined by substance abuse. There is a high rate of substance abuse and related problems in Sea Vista, Sibanye says and it aims to combat substance abuse among children and the youth.
Sibanye registered as an NPO on 24th April this year.

The Vision is to be the premier resource for substance abuse prevention and education: Changing lives, saving futures.

The Mission is to empower the youth through education, sport and engagement in community development and to support them by:
"Encouraging in the youth, literacy, practical and sporting skills."

"Building self-confidence in the youth through involvement in educational and sports activities and leadership development."
"Inspiring the youth to have positive moral values inline."

Improving physical and mental health among youth in the community. This group of ladies also organised and ran the series of events on Human Rights Day and this month cleared rubbish from parts of Sea Vista.

Hibernating Weather? Our June events will Warm your Winter!

Specialty Events:

Sunday 3rd: Talk - Conscious Awakening of Conscious Living
Tuesday 5th: Quiz Night from 6pm
Tuesday 12th: Gourmet Burgers & Crazy Shakes

Don't Forget!

Sunday 17th: Father's Day Lunch
R200 per person, R100 for kids under 12, R50 for kids under 6

Winter Warmer Dinners:

R95 per person
Every Monday of the Month from 6pm
Hearty and delicious dishes to warm you up

À La Carte Dining:

Thursday the 14th to Saturday the 16th
Friday the 22nd and Saturday the 23rd
Thursday the 28th to Saturday the 30th

Bookings Essential:

042 294 1560
reservations@thedunesstfrancis.co.za
www.dunesstfrancis.co.za



Surfing and fun sports at JBay Winterfest

The JBay Winterfest 2018 takes place again this year from 2- 17 July with a fortnight of sports and cultural events to coincide with the biggest drawcard, that of the World Surfing Championships at the renowned Superwaves in Jeffreys Bay.
The Kouga town will be packed with visitors, foreign competitors and media flocking to watch the world's top surfing personalities in action and enjoy the accompanying festivities.
Now in its sixth year, the JBay Winterfest is

anchored by the Corona Open JBay Men's and Women's Championship Tour (CT) surfing event at Superwaves, presented by the World Surf League. World champions, former event champions and everyone else on the CT will be present, including John John Florence, Kelly Slater, Jordy Smith, Felipe Toledo and top rookie Mikee February.

On the Women's side there is likely to be Steph Gilmore, Carissa Moore, Layke Peterson and Taliana Weston-Web among

others. The waiting period for the surfing events is from 2-16 July.

Other top highlights and favourites of the festival are the Odyssey X-Over which takes place in JBay and at St Francis Links golf course from 5-6 July. This celebrity crossover event comprises golf, mountain biking and surfing. Confirmed entries include Jean De Villiers, Butch James, Tondera Charwanga, Gareth McClellan, Ruan De Smidt and John Smil, to name a few.
Slake Adventures will be hosting the fifth

JBay Winterfest Fundero on 7 July. The main loop consists of 15 km single track of both flat and technical riding. The new terrain will be fun with surprises on the way.

The JBay Windfarm MTB Classic takes place on 14 July and the Endeavour JBay X Trail Run is from 13-15 July. The Cowslater Classic will be held from 2-17 July. The Skins Fishing competition is on 14 July.

See p11 for more events
More information on the JBay Winterfest can be found at www.jbaywinterfest.com