

## JUMPERS FOR SEA VISTA PRESCHOOL KIDS



A project started last year by Catherine Hempel headmistress of Tabaho Missionary Preschool and friend Alison Buckley to knit a jersey for each child at the school, paid off this month when jerseys were handed out to one and all.

And the project was amazingly completed just as the cold season started. Each of the 87 delighted kids aged between 3-8 years put their jumpers on with the help of teachers and there were big grins all round. They all looked so smart in their new school jerseys labelled with their own names.

Hempel thanks all the volunteers in the St Francis community and beyond (as far afield as the United Kingdom) who helped with this project. The Tabaho Jersey Project will be ongoing. Tabaho is always getting new intake of children and the aim is to provide each and every child with a snug, knitted, woolly jumper.

If any ladies would like to be involved with this project, they can pick up a pack from Nomura's Knitwear for R40. Once completed the jersey can be handed back in at Nomura's. There are also packs containing beans and acid for the R40. Please contact Hempel for more info on the project, or phone contact on 07647 29590

We are nearly in the middle of winter and she has certainly made her presence felt at night, with some icy cold ones here in the southern coastal regions. We are fortunate to have had some rain and some lovely warm days... but the houses are so cold.

A friend of mine in Canada has reminded me that it is much colder there... but there they do the sensible thing and build houses with furnaces and have warm thermal clothing so that they can brave the outdoors to shovel snow etc in the midst of conditions or walk around inside in summer clothing as the rooms are so warm! So it is astonishing that South Africa which does experience cold conditions, albeit to a lesser extent, has not taken a tip from colder climes and installed furnaces or made or imported thermal clothing... especially the latter, a good business proposition perhaps? There are a few stores that have indeed imported some, but they are pricey.

In St Francis it is good to know that there is a good deal of construction of new houses on the go - especially at St Francis Links and astonishingly also a good deal of building is going on in Santarene!

## Editorial Column

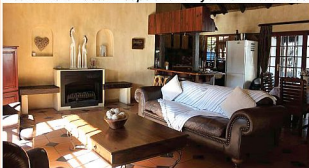


This month we have loads of sporting news. It is great that so many national (and international) golfers and paddlers and squash players, to mention just three types of sportsmen and women, have descended on our shores to participate in events here this year so far. Good for business!

Till next time,  
Keep happy, warm and well,  
Bav - The Editor

## Delightful Guest House For Sale

### Retire in the Eastern Cape and run your own business



In the heart of the village area of the beautiful Eastern Cape town of St Francis Bay is a most delightful self lodge within a short distance of town's amenities.

The self catering lodge is in a quiet side street, offering a peaceful, fully secluded spot with five bedrooms all ensuite. Two rooms are connected by a door to make a family unit with two single beds in one of them.

Each room has an ensuite, tea and coffee station and fridge. There is fully-fitted open plan kitchen, lounge and dining room, plus a laundry with washing machine and dryer.

All the rooms and lounge and dining area have a lovely bright African décor with items such as zebra and giraffe wooden game animals and clay pots, all of which have a big appeal for overseas guests.

The front doors lead out to a cosy thatched lapa with a BBQ area, and a swimming pool. A housekeeper is available for cleaning and to do the laundry.

do the laundry.

Within a very short walking distance is one of the town's top seafood restaurants offering delicious sushi, a trendy brewery restaurant, which offers live entertainment and has popular home-made craft beers that are sold nationally, a popular local pub, cute coffee bars, two shopping centres, a tennis court, bowling club, a golf course and a squash club.

And not least, the main beach, with white sandy shores and blue ocean water, is a mere three minutes' walk down a path across the road. There are good surf spots nearby plus other lovely amenities to enjoy in the area after a short car drive, such as boating on the canals or on the Kromme River, visiting the lighthouse, which is a national monument, and watching the rescued penguins in nearby Cape St Francis.

Offers from R2.7-million. For more info, contact David by SMS to: 61 406 353 368

### WORD PUZZLE RESULT:

aged, aisle, dais, dead, dead, dean, died, die, ding, dogs, doge, done, doing, done, egged, good, idea, nice, said, sand, sand, side, soda, said, anode, aside, design, dined, dingo, diode, dodge, doing, dorps, dosed, gonad, nose, sedan, sided, aside, adding, clanged, design, dinged, dosing, dodged, gained, goaded, noised, onside, sanded, sanded, seadog, signed, singled, sodden, adenoid, gotsend agonised, diagnose, diagnosed

### SPIRITUAL THOUGHTS

"Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure."

It is our light, not our darkness that most frightens us.

We ask ourselves, Who am I to be brilliant, gorgeous, talented, fabulous?

Actually, who are you not to be? You are a child of God.

Your playing small does not serve the world. There is nothing enlightened about shrinking so that

other people won't feel insecure around you. We are all meant to shine, as children do. We were born to make manifest the glory of God that is within us.

It's not just in some of us; it's in everyone.

And as we let our own light shine, we unconsciously give other people permission to do the same.

As we are liberated from our own fear, our presence automatically liberates others." - Marianne Williamson, from her book "A Return to Love."

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## In Memoriam

### Captain Johan du Toit

Johan du Toit was his name but very few people called him that.

To family he was known as Toitje. To colleagues and friends he was affectionately known as either Captain or Tone. He was born on 14 September 1969 to parents Hannes and Etize du Toit in Uitenhage where he grew up, matriculating from Brandweg High School in 1988.

On 24 December 1987 he joined the South African Police Services as a student constable and after completing his training in Pretoria at the Police College, he returned to Uitenhage. This is where he quickly went through the various ranks of the SAPS and was one of the youngest police officials to become a Captain after obtaining his degree in police management in the early 90's.

He served at the Uitenhage Detective Branch and Kwa Ntshube Detective Branch for many years. He was an avid sportsman

who loved playing squash and cricket and competed for many years as a pigeon fancier with his father, Hanses and his brother Martin.

He had a good reputation as a pigeon fancier who excelled at club, federation and union level being a champion on many occasions. This earned him Eastern Province and later Springbok Colours for pigeon racing.

His newest passion was playing golf and he was an active member of the Pirates Golf Club in St. Francis Bay. He served the community of St Francis Bay tirelessly in his role as the Branch Commander of the Detectives in recent years.

His sudden passing at the age of 48 from a heart attack is a great shock and an unimaginable loss to his family and friends who loved him dearly. His kindness, gentle nature, sharp wit and intelligence will be sorely missed by all who knew him.

Even though we as family and friends are devastated by the loss, Captain, Tone, we grant you eternal rest and know that you are safe in the presence of our Lord.

- By Michelle du Toit

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### ALCOHOLICS & NARCOTICS ANONYMOUS MEETING TIMES

Mon - AA Humansdorp 7:00pm  
Tuesday - AA St. Francis Bay 5:30pm  
Friday - NA Jeffrey's Bay 6:30pm  
Please call 083-411-8126 or 078-826-6545 for details

With the increase of drug and alcohol abuse in KwaZulu, we hope that these meetings will offer hope to those who are suffering from the disease of addiction and their loved ones too.

**ALCOHOLICS ANONYMOUS**  
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Narcotics Anonymous Meetings - Thurs  
Call or SMS 082-064-3711 / 083-411-8126 for more information.

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