

Calamari Fest 21-23/9

St Francis Bay is holding a Calamari Festival to coincide with the annual Calamari Golf & Bowls Classics between 21-23 September.

Sponsored by Christopher Consulting this year, the festival is going to be bigger and better according to the event organisers, St Francis Tourism.

The biggest drawcard last year was the Calamari Cook-off and judging from the excitement of would-be calamari chef champions in the village ahead of the day this event from 11 am to 5pm on Saturday, 22 September, should again draw the most crowds.

Competition and friendly rivalry is alive and well with some teams actively googling, scouring cook books and even contacting international chefs to get their secret calamari recipes in a bid to ensure they will take the Calamari King or Queen crown this year.

Last year the Pirates team won and according to Jackie, the team is determined to take the top prize again.

And to add excitement to the event, South African celebrity chefs, mother and daughter Lani & Louzel, of My Kitchen Rules, will not only be offering three demonstrations of their culinary skills across the day, but also judging the Cook Off competition. No more than 25 teams will participate and use ingredients supplied by Frontline Seafood Traders, Komix, Ukuqula, Balobi and SuperSpar St Francis Bay and First Choice. And last, but certainly not least, the importance of the Cook-off is that the entry fees will be donated to the local volunteer rescue organisation, NSRI Station 21.

Owing to a request we are reprinting the calamari recipe from a Johannesburg jetsetter restaurant, urbanology, that rates St Francis Bay's Ch-a-a-ka, as they pronounce it, "The Best in the World!"

There will also be beer, wine and gin tastings, food trucks and market stalls, plus there will be a stage erected in the local market area where some of the Eastern Cape's bands, such as Driftwinds, will be playing during the day. In the evenings, on the Friday and Saturday, the Live Music Events company, Rock Lily, will be holding top live Calamari Classic music events at the popular local brewery. On the Friday there will be Axul Live - Calamari Classic Rock Party and on Saturday night there will be the Devon van Driel Acoustic Electric party.

Evening entertainment is also available in bars, restaurants in St Francis and

Cape St Francis. Plus there be a special Kidzone, organised by learners of Woodridge College pupils which will offer kids a variety of games and activities for all ages.

Crumbed Live Caught Chokka recipe with compliments of Chef Jacques Coetsee. (Yields: 10 portions)

Lemon puree
5kg lemons
200ml cream
Mango achar
400g Ripe mango
Achar Paste
30g coriander seeds
30g cumin seeds
10g black pepper corns
10g masala
50ml oil
Chokka
250g flour
30g salt
30g salt
50g chili flakes
800g cleaned and portion chokka

Method:

- Lemon puree
1. Peel the lemons, place in water and bring up to the boil then strain. Repeat this process 3 times.
2. Juice the rest of the lemons.
3. Place hot lemon skins into the blender and blend using the lemon juice to season.
4. Mix lemon base with cream and lemon juice to thin down. And sugar to season.

Curry Paste

1. Toast all spices together until aromatic. Add oil to for paste. Mix paste through achar.
Mango achar
1. Cut all mangos into brunoise – about 3mm pieces.
2. Mix curry paste into mango, place in a jar and leave to sit overnight.
Chokka
1. Season the flour with salt and chili flakes.
2. Dust the chokka in the flour and deep fry.

To Serve:

1. Place the achar on the base of the plate.
2. Deep fried chokka on top.
3. Pipe lemon puree onto the chokka, finish with micro basil.

Social - Forthcoming Events - Sport

Social Events:

4 October: Leading Social Media Law Expert, Emma Sadleir, will talk on the law and social media at St Francis Links.

Live Music

Rock Lily at the Brewery:

22 September: Axyl Live - Calamari Classic Rock party
23 September: Devon van Driel Calamari Close Acoustic Electric party
28 September: Johnny Luck, Folk Booze & Blues
6 October: Cat Stevens Tribute show
10 October: Roan van Asm Souful Tunes
19 October: The Watson's Acoustic Folk
26 October: Vast Oddity, Surf-Rock
28 October: Cat Simoni Sunday Serenade

Rock Lily @ The Links Golf Estate:

3 October: St Francis Links: Digby & The Lullaby
11 November: Bottomless Coffee band.

Christy's Catch:

5 October: Lizeel Pieterse @ R100 from 9pm
30 November: Gerhard Steyn @ R100 from 9pm

Regular Events:

Every Monday: Burger nights at Christy's Catch from 21 May
Every Monday: Easy dinners at St Francis Links. Three course menus.
Every Friday: Fish Friday lunch at the Links.

Sport Events Highlights:

23 September: Nautical Half Marathon, Quayside 8 am

Links Events:

23-29 September: Vodacom Origins of Golf - Regional Finals
28-29 September: formerly Links Cup / Ryder Cup (Paris) (new date TBA)
6-7 October: Links Cup
10-11 November: Pam Golding Ladies Open Weekend
1 December: Ladies' Member-Member Partnership
8 December: Par-3 Championships
14-15 December: Pam Golding Annual (SFBGC host)
17 December: Kromme Trust Amazing Race

Every Saturday: parkrun hosted by St Francis Links at 8 am

St Francis Bay Golf Club - October Events:

3 October: Better Ball Stableford - Frasafrica
5 October: Sundowner - Cape St Francis Resort
6 October: J De Witt Trophy - 4 Ball Alliance
10 October: IPS/Jackpot
12 October: Sundowner - Cape St Francis Resort
13 October: Better Ball Stableford
17 October: Better Ball Stableford
19 October: Sundowner - Cape St Francis Resort
20 October: IPS/Jackpot
24 October: 4 Ball Alliance
26 October: Sundowner - Cape St Francis Resort
27 October: Monthly Medal
31 October: Better Ball Stableford - Toyota



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has undergone a massive make over!

Perfect time to enjoy our to-share platters with sundowner!
Plenty of sheltered seating on our sheltered stoep or under the shady canopy of trees in the courtyard.

The shop offers an extensive wine list, sourced from the best cellars in South Africa and an array of rare, exciting stock - ideal for Christmas shopping.
Centrally situated in Palourine, a 50m scenic, country drive from Jeffreys Bay.

Trading hours:
Monday - Saturday: 8am - 7:30pm
Sunday: 8am - 5pm
19th December - 3rd January
Monday - Saturday: 7:30am - 8:30pm

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