

SFB Brewery wins gold for 'Best Wheat Beer'

St Francis Bay Brewery is proud that its Kromme River Witbier won the Trophy for the Best Wheat Beer in SA competing against entries from the local breweries Darling, CBC and Jack Black in the annual SA National Beer Trophy awards.

Plus this local brewery's Storm Warning Stout won a Silver Medal (as did its popular Beach Blonde Light year).

This is quite an achievement for St Francis Brewing Company—two medals and a trophy awarded to their four styles of bottled beers against competition from all over SA.

Beach Blonde wasn't entered this year as it is a costly exercise for each beer entered. The Wildside Session IPA falls out of the IPA category but as it is a style growing in popularity in US this category is likely to be added soon.

The awards were held in Cape Town at the Beer House on 29 August. A large gathering of brewers, beer fans and the media got together to further the cause of a great beer in SA. The Internationally certified judging panel, trained by the Beer Judges Certified Program, tasted more than 250 beers according to strict beer style criteria over the previous few months and awarded medals and trophies to the Best of the Best!

The standard was extremely high and the points bar for medals was raised. Silver medals were awarded to beers that scored more than 39 points, and gold medals were for beers more than 43 points. The gold medals were then judged in their beer styles to choose the best beer in each category for a trophy.

In more good news for beer lovers, this local Brewery's Light House Ale is available on tap again and the Brewery will also be putting on tap two other trophy winners: Best Lager in SA—Devils Peak Lager and Best Hoppy beer—Amsundsen Ink & Dagger.



Local NSRI rescues wildlife



NSRI St Francis Bay volunteer duty crew, together with the local St Francis Kromme Enviro Trust, rescued three seals, two of them believed to be Antarctic Fur Seal pups, in the past month.

The two pups were transported to the Bayworld Oceanarium in Port Elizabeth, where they are happily recovering while the third was released back into the ocean.

The first seal pup was found in an emaciated condition on 6 September emaciated on the rocks at Shark Point, Cape St Francis. Stuart O'Bray, NSRI St Francis Bay deputy station commander, said the seal was injured and believed to be an Antarctic Fur Seal and was taken into the NSRI's care until representatives of the Kromme Enviro Trust arrived and transported the seal to a local vet for medical care. It was thereafter transported to Bayworld Oceanarium for further care where it has now made friends with another seal and is recovering well.

Then on 10 September NSRI rescued an injured seal pup at Cape St Francis beach. The pup was found on the beach alone and appeared to be emaciated and dehydrated.



This pup, also believed to be an Antarctic Fur seal was quite feisty and after initial attempts to capture the seal were thwarted a member of the public distracted it and the seal was then safely captured. The Enviro Trust again transported the seal pup to the oceanarium for further care and where seal pup is expected to fully recover.

The oceanarium staff nicknamed the seal pup 'Stan' after Stan O'Bray, Stuart's brother, who helped in its rescue.

It is believed that these Arctic seals from the group of islands, French Southern and Antarctic Lands, situated South East of South Africa. It is believed these pups were washed off islands there in stormy seas and came ashore on the Eastern Cape coastline, a distance of some 2150 nautical miles.

In August the NSRI assisted Sannocob (SA Foundation for the Rescue of Coastal Birds) in freeing an adult Cape Fur Seal; that was entangled in fishing gut. The seal was extremely difficult to capture as it kept diving underwater. Bayworld then provided a net and the seal was safely caught. All the gut entangling it was cut off and the seal was safely released back into the sea where it was expected to recover.

NSRI expresses its thanks and gratitude to everyone who assisted in any way with the rescue of the seals



To get compensation all employees must immediately report to their employers when they sustain occupational injuries and diseases. Here are the 6 simple steps to follow:

1. Report your injury or disease to your employer or supervisor immediately. Your employer is legally responsible for reporting your injury on duty to the Compensation Fund within seven (7) working days after receiving notice from you and within fourteen (14) days when it is an occupational disease. All necessary forms and documents must be submitted within this period.
2. When you go to hospital or the doctor of your own choice, you should take the form (WCI.2 – Part B), which has been completed by your employer.
3. When the doctor gives you the First Medical Report (WCI.4) and Progress/Final Medical Reports (WCI.5), you must give them to your employer to send to the Compensation Fund.
4. If you feel that your employer does not cooperate or assist you, or if you think your accident or disease has not been reported to the Compensation Fund, or it is taking too long, go to your provincial office or nearest Labour Centre and report this.
5. If you qualify for compensation submit the following documents to the Compensation Fund:
 - Form (WAC.33) obtainable at your provincial office, your nearest Labour Centre or download it from (www.labour.gov.za) must be duly completed and signed by the employee and stamped and dated by the bank.
 - A certified original copy of the employee's ID
 - First page of the employee's bank statement, not older than three months
 - Proof of residence i.e. water and electricity bill, etc.
 - These documents should be ORIGINAL documents that are not older than three months.
6. It is your duty to follow up with the Compensation Fund to check the status of your claim.

NOTE: COMPENSATION FUND SERVICES ARE FREE

For more information go to your nearest labour centre or provincial office

Call: 0860 105 350



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